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Biomonitoring of pesticides, pharmaceuticals and illicit drugs in a freshwater invertebrate to estimate toxic or effect pressure

Thomas H. Miller^{a,*}, Keng Tiong Ng^a, Samuel T. Bury^b, Sophie E. Bury^c, Nicolas R. Bury^{d,e,1},
 Leon P. Barron^{a,1}

^a Department of Analytical, Environmental & Forensic Sciences, School of Population Health & Environmental Sciences, Faculty of Life Sciences and Medicine, King's College London, 150 Stamford Street, London SE1 9NH, UK

^b St Olaves Grammar School, Goddington Lane, Orpington, BR6 9SH, UK

^c Department of Psychology, Royal Holloway, University of London, Egham, Surrey TW20 0EX, UK

^d School of Science, Technology and Engineering, University of Suffolk, James Hehir Building, University Avenue, Ipswich, Suffolk IP3 0FS, UK

^e Suffolk Sustainability Institute, University of Suffolk, Waterfront Building, Neptune Quay, Ipswich IP4 1QJ, UK

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ABSTRACT

Multiple classes of environmental contaminants have been found in aquatic environments, globally. Understanding internalised concentrations in the organism could further improve the risk assessment process. The present study is concerned with the determination of several contaminant classes (107 compounds) in *Gammarus pulex* collected from 15 sites covering 5 river catchments across Suffolk, UK. Quantitative method performance was acceptable for 67 compounds including pharmaceuticals, pesticides, illicit drugs and drugs of abuse. A total of 56 compounds were detectable and ranged from <LOQ to 45.3 ng g⁻¹, with cocaine and lidocaine being the most frequently detected compounds present in all biota samples ($n = 66$). For surface water, 50 compounds were detectable and ranged from <LOQ to 382.2 ng L⁻¹. Additionally, some pesticides currently not approved for use were detected, including fenuron that reached a maximum of 16.1 ng g⁻¹. The internal concentrations of pesticides were used to estimate toxic pressure which showed that for the measured pesticides toxic pressure was low ranging from logTU ≤ -7 to ≤ -2. This methodology was extended to pharmaceuticals and drugs of abuse in a novel approach that proposed the use of pharmacological data (human therapeutic plasma concentrations) to estimate the likelihood of an effect (or effect pressure) to occur based on the internal exposure of the organism. The quantified effect pressure ranged from logEU ≤ -9 to ≤ 1 with haloperidol showing the largest likelihood for an effect. The approach showed that several pharmaceuticals have the potential to elicit effects but further investigation surrounding thresholds for effects would be required. This new approach presented showed potential to be used to improve risk assessment for pharmaceuticals in the environment.

1. Introduction

The contamination of the aquatic environment has been the focus of many investigations and many issues have been identified with respect to a number of classes of compounds including pharmaceuticals (Miller et al., 2018) and plant protection products (pesticides) (Barceló, 1991). Within each class, adverse effects of some specific contaminants on biota have been well studied, although effects and/or associated risks are often derived based on exposure concentration levels measured external to the organism (e.g., in water or sediment). A reason for this is that the determination of trace contaminants in biota has traditionally

been very challenging, not only in terms of the analytical selectivity required to reliably separate hundreds of different compounds but to do so quantitatively at trace concentrations (e.g. pg-ng g⁻¹) (Miller et al., 2018). However, advances in analytical workflows have now enabled trace quantitative measurements in complex biological matrices such that internalised contaminant concentrations can be used to set thresholds for effects (Dodder et al., 2014; Inostroza et al., 2016; Miller et al., 2015).

Arguably, routine determination of internalised concentrations of pharmaceuticals in particular is still critically lacking (Miller et al., 2018). This is also true for some other contaminant classes such as illicit

* Corresponding author.

E-mail address: thomas.miller@kcl.ac.uk (T.H. Miller).

¹ Principal Investigators.

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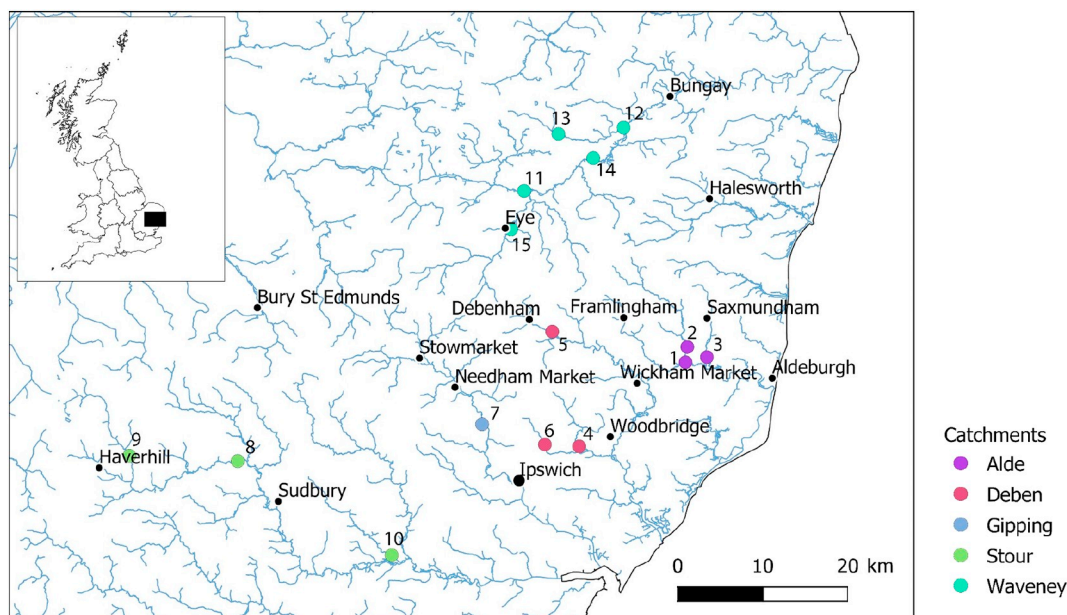


Fig. 1. Sampling locations of collected biota and surface water samples within the respective river catchments of Suffolk. Black dots indicate urbanised areas.

drugs. Additionally, neonicotinoid insecticides, which are largely used on land and have rarely been targeted for measurement in aquatic fauna except for a small number of recent studies in fish and invertebrates (Munz et al., 2018; Jabeen et al., 2015; Masiá et al., 2013). However, other pesticides have been more routinely monitored in aquatic biota, such as organochlorine insecticides, which are reported at the low to mid ng g^{-1} range in both vertebrates and invertebrates (Varol and Sünbül, 2017; Junqué et al., 2018). This is likely due to extensive regulation of these types of contaminants following seminal research in the 1950s (e.g., with dichlorodiphenyltrichloroethane (DDT) (Carson, 2002)) to the more recent Stockholm Convention treaty on persistent organic pollutants which cover many other such compounds (Commission, E., 2004).

Previous studies have used the Species at Risk (SPEAR) index (Beketov et al., 2009; Schäfer et al., 2007) to relate the ‘toxic pressure’ of pesticides in agricultural catchments to the impact on invertebrate communities and is quantified in toxic units (TU) (Lies and Ohe, 2005). The TU is derived from the ratio between the measured concentration of the contaminant in surface water and known toxicity data, such as the LC_{50} . Recently, the TU approach has been applied using internal pesticide concentration measurements and predicted internal EC_{50} values (Munz et al., 2018). Aside from pesticides, this approach could also be extended for other contaminant types such as pharmaceuticals. This would prove particularly useful as it would provide an estimate of risk, based on both measured concentrations and effect data. This has already been performed for selected pharmaceuticals in the Antarctic peninsula (González-Alonso et al., 2017). However, a significant barrier to wider application is that there is a paucity of effect data for pharmaceuticals and reported EC_{50} data can vary considerably (de Zwart, 2001). Other approaches such as the use of critical environmental concentrations (CECs) proposed by Fick et al. (Fick et al., 2010), which are based on the fish plasma model (Cook et al., 2003), could be a useful alternative to the use ecotoxicity endpoint data.

The aim of this work was to determine the extent of contaminant occurrence and to estimate the toxic pressure of pesticides and extend this approach to pharmaceuticals, drugs of abuse and illicit drugs to determine an ‘effect pressure’ across several watercourses in Suffolk. This was achieved through the development of an extended analytical methodology to reliably quantify several classes of contaminants in both surface waters and a freshwater invertebrate species (*Gammarus pulex*). Samples were collected from 15 sites covering five river

catchments and used to estimate toxic/effect pressure. Internalised concentrations determined herein and a previously developed model for prediction of bioconcentration factors in *G. pulex* (Miller et al., 2019) along with the well-established EPISuite (Agency, U.S.E.P., 2019) BCF predictions in fish were used to calculate internal toxic units (TU_{int}) and effect units (EU_{int}) for pesticides and pharmaceuticals, respectively.

2. Materials and methods

2.1. Reagents, chemicals and consumables

HPLC grade methanol, acetonitrile, and LC-MS grade (Optima™) ammonium acetate were purchased from Fischer Scientific (Loughborough, UK). A total of 141 compounds were used in this study (see Supplementary Information (SI)). Of these, 85 were pharmaceuticals/illicit, 22 were pesticides and 34 were stable isotopically labelled internal standards (SIL-IS). All analytical standards were of a purity of $\geq 97\%$. Ultra-pure water was obtained from a Millipore Milli-Q water purification system with a specific resistance of $18.2 \text{ M}\Omega \text{ cm}$ or greater (Millipore, Bedford, MA, USA). Stock solutions (1 mg mL^{-1}) were prepared in methanol or acetonitrile and stored in silanised amber vials (20 mL). Working solutions were prepared daily in ultra-pure water, as required. All solutions were stored at -20°C and in the dark to reduce possible degradation.

2.2. Sample collection

Samples were collected in July 2018. Locations were chosen based on previous Environment Agency sampling sites in catchments of the river Alde, Waveney, Stour, Gipping and Deben (Fig. 1). Macroinvertebrates were collected by kick sampling into a $250 \mu\text{m}$ net. *G. pulex* was present at all sites except the River Box in the Stour catchment and one site on the River Waveney, where the most abundant macroinvertebrate *Ephemera vulgata* (larvae) and *Asellus aquaticus* was sampled instead. At the site on the river Gipping, *G. pulex* numbers were low and the caddis fly *Hydropsyche pellucidula* (larvae) were also sampled. Macroinvertebrates were sorted on site, excess water removed by tissue paper and immediately frozen on dry ice. Samples were kept at -80°C prior to processing. Water pH and temperature were measured (Table S3) and a 500 mL water sample taken, acidified (0.1% HCl) and

stored at 4 °C for a maximum of 4 days prior to analysis to improve stability of analytes as shown in previous studies (Baker and Kasprzyk-Hordern, 2011; Aboulfadl et al., 2010).

2.3. Sample preparation

Prior to extraction, frozen *G. pulex* samples were lyophilised at –50 °C under vacuum for 24 h. Pooled samples of 5–6 organisms were placed into 2 mL Eppendorf tubes with a 3 mm diameter tungsten carbide bead and subsequently ground into a fine powder using a TissueLyser LT (Qiagen, Hilden, Germany) set at 50 Hz for 5 min. Freeze-dried composite samples of *G. pulex* material (20 mg) were transferred to a new 2 mL Eppendorf tube with any necessary spiking of standards or SIL-IS carried out directly onto the solid matrix using a 100 µL volume of an appropriate working solution before proceeding with the extraction. A 2 mL volume of 3:1 (MeCN:H₂O) acidified with 0.1% (v/v) glacial acetic acid was added to the material and agitated for 5 min at 50 Hz in the TissueLyser LT. The samples were then placed in an ultrasonic bath for 15 min followed by centrifugation for 5 min at 14,000 rpm to pellet insoluble particulate matter. Following extraction and settling, an aliquot of the supernatant (1.9 mL) was diluted to 100 mL with 10 mM ammonium acetate in ultra-pure water (pH 6.5). Tandem solid phase extraction (SPE) was then carried out on the diluted sample using a Strata Alumina-N cartridge (6 mL, 1 g, Phenomenex Ltd., Cheshire, UK) coupled to an Oasis HLB cartridge (6 mL, 200 mg, Waters Corp., Hertfordshire, UK). Tandem SPE was utilised to remove interfering pigments and lipids (alumina) and pre-concentrate target analytes (HLB). Before loading of the sample, the combined SPE cartridges were first conditioned with 6 mL of methanol and 6 mL of ultra-pure water with 10 mM ammonium acetate. After sample loading, both cartridges were then washed with 1 mL ultra-pure water and dried for ~30 min under vacuum. Cartridges were then stored at –20 °C until analysis. Cartridges were eluted with 5 mL MeOH and dried under pure nitrogen (1.0 bar) at 35 °C using a TurboVap LV (Biotage, Uppsala, Sweden). Extract residues were reconstituted in 0.1 mL 90:10 (v/v) 10 mM ammonium acetate in H₂O:MeCN (optimised). Surface water samples were filtered through a 0.45 µm glass-fibre filter and split into three aliquots (100 mL). Surface water samples then underwent SPE and reconstitution as described above, but without use of the Strata Alumina-N cartridges (as pigments were not problematic). Any necessary spiking or liquid volume measurements were carried out using positive displacement pipettes (Gilson Microman, Villiers-le-Bel, France).

2.4. Instrumental analysis and conditions

Briefly, liquid chromatography (LC) was performed on a Vanquish series LC system (ThermoFisher Scientific, Hemel Hempstead, UK) using a Waters SunFire C₁₈ column (3.5 µm, 2.1 mm × 150 mm, Waters Corp., Milford, MA, USA) with a KrudKatcher™ Ultra pre-filter (0.1 mm ID, 0.5 µm filter, Phenomenex, Macclesfield, UK) and a Sunfire C₁₈ VanGuard Cartridge (3.5 µm, 2.1 mm × 5 mm) at a flow rate of 0.3 mL min^{–1} and an injection volume of 20 µL. Mobile phases were 90:10 (v/v) 10 mM ammonium acetate in H₂O:MeCN (A) and 20:80 (v/v) 10 mM ammonium acetate in H₂O:MeCN (B). The gradient elution profile followed a linear ramp of mobile phase B which increased to 10% at 1 min, 35% at 5.6 min, 40% at 7 min, 50% at 8 min and 100% at 11 min and was held for a further 11 min before returning to initial conditions. Re-equilibration time was 3 min resulting in an overall run time of 25 min. Detection and quantification was carried out with a TSQ Vantage triple quadrupole mass spectrometer (Thermo Fisher Scientific, Hemel Hempstead, UK) equipped with an atmospheric pressure interface-heated electrospray ionisation (API-HESI-II) source. Mass spectrometry (MS) was performed in selected reaction monitoring (SRM) mode using positive–negative ionisation polarity switching. See the SI for full details of analytical conditions and method performance testing

procedures.

2.5. Estimation of toxic and effect pressure

Toxic pressure was calculated according to Munz et al. (Munz et al., 2018) using toxic units (TU) to estimate the internal toxic pressure of pesticides. The internal toxic unit (TU_{int}) or effect unit (EU_{int}) used here is defined by Eqs. (1)–(3).

$$EC50_{int} = EC50 \times BCF \quad (1)$$

$$TU_{int} = \frac{C_i}{EC50_{int}} \quad (2)$$

$$EU_{int} = \frac{C_i}{CEC} \quad (3)$$

where, EC50_{int} is the internal concentration which affects 50% of the population; EC₅₀ is the exposure medium concentration affecting 50% of the population; BCF is the bioconcentration factor; C_i is the concentration of contaminant determined in the organism. For pesticides, available EC₅₀ values (48 h acute in *Daphnia magna*) available from the Pesticide Properties Database (Hertfordshire, 2019). The BCFs were estimated from both EPI Suite BCFBAF v3.02 (Agency, U.S.E.P., 2019) software and our own previously developed artificial neural network (ANN) for prediction of BCFs in *G. pulex* (Miller et al., 2019) (Fig. 2). The comparison of the predicted BCFs between both approaches showed relatively good agreement for most cases (see Table S4 and Fig. S1) and overall were not statistically significant (*p*-value = 0.36).

For pharmaceuticals, drugs of abuse and illicit drugs, EC₅₀ values were substituted (due to lack of available data) with CECs (Fick et al., 2010). Here, the CEC is the estimated surface water concentration that will give rise to a fish plasma concentration equivalent to the human therapeutic plasma concentration (Eq. 4). Thus, it would be expected and assumed that if drug targets are conserved, an effect would be elicited.

$$CEC = \frac{H_T PC}{(CR \times P_{blood:water})} \quad (4)$$

where, H_TPC is the human therapeutic plasma concentration (µg mL^{–1}), CR is the concentration ratio between the human therapeutic plasma concentration and the fish steady-state plasma concentration (assumed to be 1 herein), P_{blood:water} is the partition coefficient of a compound between blood and water.

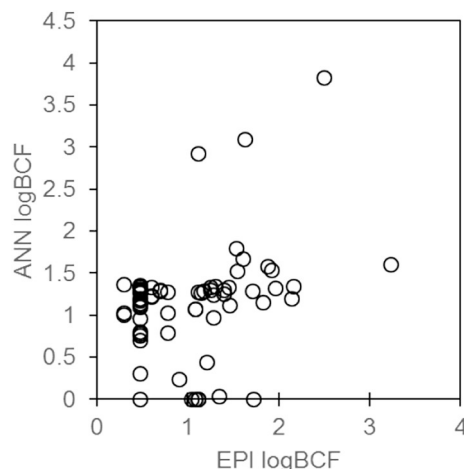


Fig. 2. Comparison of predicted logBCF data from EPI suite and ANN model, for individual raw values please see SI Table S5.

(continued on next page)

not determined.
10 ng g⁻¹.

Both water and biota samples were collected across 15 sites in the county of Suffolk. The 15 sites covered 5 different river catchments including Gipping, Alde, Deben, Stour and Waveney. Across the 67 compounds determined, concentrations of compounds were generally very low in both biota samples (parts per billion range) and water samples (parts per trillion range). For biota samples ($n = 66$), the average concentration determined was $4.3 \pm 5.2 \text{ ng g}^{-1}$, with maximum and minimum concentrations of 45.5 ng g^{-1} (propranolol) and 0.2 ng g^{-1} (acetamiprid), respectively (Fig. 3). In comparison to surface water samples, concentrations averaged $23.8 \pm 54.9 \text{ ng L}^{-1}$, with the maximum and minimum concentrations of 382.2 ng L^{-1} (tramadol) and

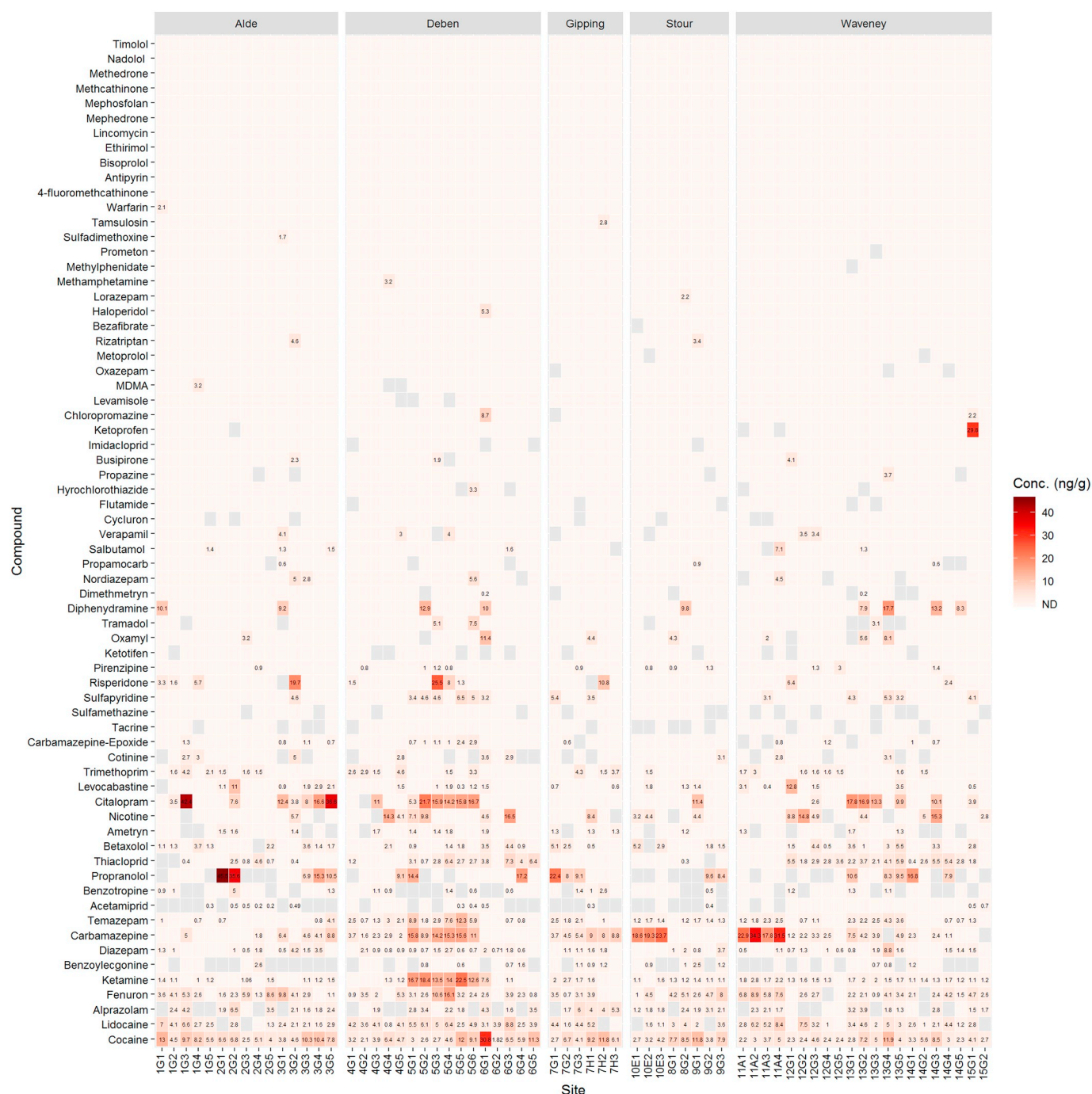


Fig. 3. Heatmap of compounds determined in the biological samples that showed acceptable method performance. G, H, A or E indicate the sampled species *G. pulex*, *H. pellucidula*, *A. aquaticus* or *E. vulgata*, respectively. Grey tiles indicate compounds that were detected but below the limits of quantification.

0.1 ng L⁻¹ (nordiazepam), respectively (Fig. 4). In general, Site 1 in the Deben catchment showed increased concentrations of compounds such as ketamine, carbamazepine and citalopram compared to the other sites within the same catchment and between the remaining catchments. These higher concentrations also coincide with higher concentrations in surface water for compounds such as ketamine, carbamazepine and tramadol, the source of which is unclear but for these compounds their removal at WWTPs is low (Munro et al., 2019). Debenham is a large village of 2200 inhabitants (Fig. 1) served by a small WWTP upstream of the sample site. The sources for these contaminants are likely to be related to public consumption and output through WWTP effluents (for pharmaceuticals, drugs of abuse and illicit). A previous study that has quantified related compounds in influent and effluent samples from a

WWTP in London showed that the concentrations in the surface water determined here are in the range of those determined in effluent (~10–50 ng L⁻¹) (Munro et al., 2019). Additionally, spread of sludge and bio-solids including (Barron et al., 2008) reclaimed wastewater for irrigation from WWTPs onto agricultural land could lead to further surface run-off or leaching of pharmaceuticals and controlled substances into surface waters (Carter et al., 2019). For pesticides, run-off and leaching (including possible re-mobilisation) are the potential sources relating the compounds detected herein (Huber et al., 2000).

3.2.1. Illicit drugs, drugs of abuse and life-style related compounds

Interestingly, the most frequently detected and highest concentration compounds in biological samples were illicit drugs and/or drugs of



Fig. 4. Heatmap of compounds determined in the surface water samples. All sites were samples in triplicate except for Site 10 ($n = 2$). Grey tiles indicate compounds that were detected but below the limits of quantification, decimal points indicate site replicates.

abuse, such as cocaine, ketamine, alprazolam and diazepam. Cocaine was detected and quantified in all biota samples across all 15 sites at an average of $5.9 \pm 4.3 \text{ ng g}^{-1}$ (max. 30.8 ng g^{-1}). Average concentrations of cocaine between different catchments did not vary significantly showing widespread contamination (Alde = 6.9 , Deben = 6.9 , Gipping = 6.8 , Stour = 6.2 & Waveney = 4.2 ng g^{-1}). Lidocaine was the second most frequently detected compound in the biota samples that can be used as an adulterant to 'cut' cocaine due to its synergistic effects (Barat and Abdel-Rahman, 1996) or is used as local anaesthetic. Another commonly used adulterant for cocaine use is levamisole. This compound, however, was not frequently detected in either biota or surface water samples. However, illicit compounds are rarely monitored in aquatic fauna, with only one previous occurrence study in the

literature that determined cocaine at an average concentration of 0.28 ng g^{-1} dw in *Mytilus* spp. (Dodder et al., 2014). A separate investigation into the bioaccumulation potential of cocaine in European eels (*Anguilla anguilla*) in Italy revealed tissue concentrations ranging from 0.47 to 30.5 pg g^{-1} ww depending on tissue type at an exposure concentration of 20 ng L^{-1} (Capaldo et al., 2012). However, eels were not studied as part of this or previous works in our laboratory. The source of the widespread cocaine contamination is unclear. Scattered throughout the catchments of these Suffolk rivers are small wastewater treatment plants that will discharge into the water courses. However, secondary wastewater treatment with activated sludge are efficient at removing cocaine ($\sim 90\%$ (Yadav et al., 2017)), whereas trickling filters are less efficient ($35\text{--}37\%$ removal (Yadav et al., 2017)). The dispersal

of deactivated sewage sludge onto farmland as a fertiliser is unlikely to be a primary source and concentrations of cocaine in sludge have been reported as low, at $\sim 3 \text{ ng g}^{-1}$ (Petrie et al., 2016). The primary metabolite of cocaine, benzoylecgonine (BZE) was also frequently detected, but often below the LOQ in both water and biological extracts. The concentration of cocaine determined in surface water samples was also below the LOQ for all sites and previous studies in the UK have often determined cocaine at $\sim 1\text{--}10 \text{ ng L}^{-1}$ in surface water (Munro et al., 2019; Kasprzyk-Hordern et al., 2008). The ratio between cocaine to BZE is also important to consider and may potentially indicate the source of input into the environment. For example, in wastewater analysed from London in 2014, the ratio between cocaine and BZE was 0.51 ± 0.09 in influent, but was very different and more variable in effluents measured on the same days (2.60 ± 1.46) (Munro et al., 2019). Therefore, it is expected that the ratio between cocaine and BZE in river water catchments should be similar to effluent ratios but this was not the case for London, where the ratio for cocaine:BZE over six weeks of daily monitoring was 0.21 ± 0.1 (similar to influent ratios) (Munro et al., 2019). Thus, it is proposed that the input of cocaine into surface waters in the UK is likely due to combined sewer overflow events or leakage from sewer misconnections and cesspit overflow. Interestingly, the ratio in the biota samples measured here (mean: 5.00) indicated that cocaine had preferential accumulation over its demethylated metabolite, BZE.

Tramadol was frequently detected in surface water and reached the highest measured concentration across the sites of 382.2 ng L^{-1} . This compound has previously been detected in UK rivers ranging from $<30 \text{ ng L}^{-1}$ to 5970 ng L^{-1} (Munro et al., 2019; Kasprzyk-Hordern et al., 2008). Effect assessments studies demonstrate lowest observed effects concentrations (LOEC) of $10 \mu\text{g L}^{-1}$ in fish embryo tests (Sehonova et al., 2017). Occurrence of this compound here was infrequent with a maximum measured concentration of 7.5 ng g^{-1} . Field-derived bioaccumulation studies have suggested that bioaccumulation is low with BAFs <5 and tissue concentrations in fish were $<6 \text{ ng g}^{-1}$ (Grabicova et al., 2014). Ketamine was also frequently detected in biological and surface water samples here, with concentrations reaching up to 22.5 ng g^{-1} and 205 ng L^{-1} . However, to the authors' knowledge, ketamine has not been previously reported in aquatic fauna, but surface water concentrations have been measured at 12 ng L^{-1} (Munro et al., 2019).

The benzodiazepines are a class of compounds used for medicinal purposes but are also misused/abused. Alprazolam, diazepam and temazepam was determined at $2.7 \pm 1.3 \text{ ng g}^{-1}$, $1.5 \pm 1.4 \text{ ng g}^{-1}$ and $2.4 \pm 2.3 \text{ ng g}^{-1}$, respectively. Lorazepam, oxazepam and nordiazepam were infrequently detected. Our previous work has shown that diazepam and temazepam have a low potential to accumulate in *G. pulex* and which are capable of rapid biotransformation and elimination of these compounds (Miller et al., 2017). In surface water samples, diazepam was infrequently detected and often occurred at $<1 \text{ ng L}^{-1}$. Alprazolam was also infrequently detected and below the LOQ. The average concentrations of the remaining benzodiazepines were $9.0 \pm 9.4 \text{ ng L}^{-1}$ (temazepam), $5.2 \pm 3.5 \text{ ng L}^{-1}$ (oxazepam), $4.8 \pm 3.3 \text{ ng L}^{-1}$ (lorazepam) and $2.2 \pm 0.8 \text{ ng L}^{-1}$ (nordiazepam).

Synthetic cathinones including methedrone, mephedrone, methcathinone and 4-fluoromethcathinone were not detected at any site in the biota samples. However, methcathinone was detected below the LOQ at a small number of sites in surface water samples from the river catchments of Waveney, Deben and Alde. Cathinones are psychoactive substances and their consumption across the UK and Europe formed the basis of several occurrence studies in surface water and wastewater (Baz-Lomba et al., 2016). Nicotine was determined in surface water samples up to 342.8 ng L^{-1} and was also detected in 38% of the biota samples ranging from $<\text{LOQ}$ to 16.5 ng g^{-1} . Its primary metabolite, cotinine, was also detected in biota and surface water samples, but less frequently and at lower concentrations. Based on human metabolism, the expected ratio of nicotine to cotinine would range between 0.65 and 1.00 (Benowitz et al., 2009). However, for surface water samples the

average ratio of nicotine:cotinine was 7.61 and in biota samples was 2.39. The higher concentration of nicotine to cotinine has been reported previously for effluent wastewater (Bueno et al., 2012) and a similar ratio to surface water can be estimated (6.3) from reported concentrations in influent wastewater samples (Huerta-Fontela et al., 2008). These types of compounds are useful to monitor in the environment as they can serve as indicators of population health and lifestyle choices. Previous studies have identified markers of alcohol consumption such as ethyl sulfate (Ryu et al., 2016). Whilst other sewage epidemiology studies have used drug concentrations in wastewater to relate back to recreational drug use of the population (van Nuijs et al., 2011). In addition to the association with human health, these drugs are often not monitored in biota and so any potential risk from exposed aquatic wildlife is poorly understood. The reason for poor exposure and hazard assessment is likely to stem from that many of these substances are also medicines and therefore will be considered 'legacy' products, which do not require ERA. Interestingly, seven of the top ten most frequently detected compounds in biota samples are related to illicit drugs/drugs of abuse. The risk of these compounds is not well understood due to the lack of literature, but as these compounds are all psychoactive, any effects on fauna may be elicited through behavioural changes (Bossus et al., 2014; Brodin et al., 2013).

3.2.2. Pharmaceuticals

The most frequently detected pharmaceutical in both biota and surface water samples was carbamazepine. This compound has been shown to occur in *G. pulex*, surface water and sludges samples (Miller et al., 2015; Barron et al., 2008). Measured concentrations in the biota samples ranged from $<\text{LOQ}$ to 31.5 ng g^{-1} and in surface water, the concentrations ranged from $<\text{LOQ}$ to 272 ng L^{-1} . The highest surface water concentrations were measured at Site 1 (average: 225 ng L^{-1}) which also corresponded to relatively high concentrations measured in *G. pulex* with an average of 16.3 ng g^{-1} . Higher concentrations of carbamazepine were determined at site 6 and 8 for the *Ephemera vulgata* and *Asellus aquaticus* samples. Site 8 surface water concentration of carbamazepine were below the LOQ and site 16 averaged 92.6 ng L^{-1} . This may suggest that *E. vulgata* and *A. aquaticus* are more sensitive than *G. pulex* to the accumulation of carbamazepine. However, surface water concentrations often do not translate well into internal concentrations for several reasons such as temporal variation, spatial variation and migration behaviour of aquatic fauna among other influences. Additionally, the main human metabolite of carbamazepine, CBZ-epoxide, was detected across 30% of the biota samples. This metabolite has been detected and measured in invertebrate species including *G. pulex* and *Mytilus galloprovincialis* showing conservation of biotransformation pathways (Miller et al., 2017; Boillot et al., 2015). The increased concentration of carbamazepine at Site 1 *G. pulex* samples also coincided with increased detection of the epoxide metabolite. However, the metabolite was not detected in *E. vulgata* larvae and was minimal in *A. aquaticus* despite higher concentrations of carbamazepine measured in these species. This may indicate a different sensitivity of these organisms to carbamazepine through toxicokinetics, where biotransformation and elimination routes are different. The mean ratio of carbamazepine to the epoxide metabolite was 8.9 in the biota samples, which is closer to observed human therapeutic ratios of ~ 5 (Potter and Donnelly, 1998).

The highest measured pharmaceutical concentration across the biota samples alone was for the beta-blocker propranolol (45.5 ng g^{-1} at Site 4). The concentrations of propranolol in surface water ranged from $<\text{LOQ}$ to a maximum of 27 ng L^{-1} , which is significantly below (two orders of magnitude) the reported no-observed effects (NOEC) and lowest-observed effects (LOEC) in fish and invertebrates (Huggett et al., 2002; Owen et al., 2009). Other beta-blockers were detected at lower concentrations and less frequently which included betaxolol, salbutamol and metoprolol. The remaining beta-blockers included in this method, were not detected at any site for the biota samples (timolol,

nadolol and bisoprolol). However, for surface water samples, bisoprolol was detected frequently across all river catchments, with metoprolol and the beta-agonist salbutamol less frequently detected.

The selective serotonin reuptake inhibitor citalopram was frequently detected in biota samples at Site 7, Site 1 and Site 20, with concentrations ranging from 3.8 to 36.6 ng g⁻¹. The maximum concentration was determined to be 42.4 ng g⁻¹ at Site 14. Surface water concentrations of citalopram were often below the LOQ but were determined at higher average concentrations of 14.7 ± 10.6 ng L⁻¹ for Site 1, Site 7 and Site 20. Citalopram has been previously determined up to concentrations of 20.6 ng g⁻¹ in bivalves (*Mytilus spp.*) (Álvarez-Muñoz et al., 2015), 0.212 ng g⁻¹ in fish brain tissue (*Catostomus commersonii*) (Schultz et al., 2010) and more recently was reported to reach concentrations of ~6000 ng g⁻¹ in *Hydropsyche spp* (Richmond et al., 2018). From the literature, citalopram has been observed to have low accumulation factors ranging from less <7 to 47 (Grabicova et al., 2014; Lajeunesse et al., 2011). Based on occurrence data presented here, it would also likely have a low bioaccumulation factor. Furthermore, the analytical method here could not distinguish between the enantiomeric forms of citalopram with the S-enantiomer responsible for the pharmacological action where it has also been suggested that R-enantiomer inhibits this therapeutic effect. Other researchers have shown that racemic mixtures of pharmaceuticals can often be enriched by either human or microbial biotransformation or may remain as racemates if biodegradation does not occur (Evans et al., 2017). Many of the pharmaceuticals reported here display stereoisomerism, which is poorly understood in terms of environmental risk, and is often overlooked in both fate and effect-based studies (Evans et al., 2017). The most frequently detected antibiotic was trimethoprim with measured concentrations ranging from 1.5 to 4.6 ng g⁻¹. Other antibiotics detected included three sulphonamides: sulfamethazine; sulfapyridine; and sulfadimethoxine. However, sulfamethazine was not quantifiable in any sample and sulfadimethoxine was only measured once reaching 1.7 ng g⁻¹. Bioconcentration studies for sulfamethazine in *Oryzias melastigma* have ranged from <1–145 depending on tissue and biological sex indicating that there is no or little potential for bioaccumulation (Miller et al., 2017; Hou et al., 2003). The low bioaccumulation is likely to stem from the polarity (logP = 0.44, logD₈ = 0.1) and ionisation state of the drug which has been shown to influence uptake in fish and invertebrates (Miller et al., 2019; Chang et al., 2018; Meredith-Williams et al., 2012). Sulfapyridine, was also infrequently detected except at Site 1, with an average concentration of 4.8 ng g⁻¹. The low occurrence of the sulphonamides in biota is likely due to the high polarity and metabolism of these compounds.

3.2.3. Pesticides

Neonicotinoids have gained much attention recently, with the EU now enforcing a near total ban on their use (Commission, E, 2011). Few studies have determined the presence of these compounds in aquatic fauna (Munz et al., 2018; Shahid et al., 2018). Other studies have targeted these pesticides in fish, but ultimately were not detected (Jabeen et al., 2015; Masiá et al., 2013). However, these compounds do occur in surface water and averaged at 130 ng L⁻¹ across 19 studies (Morrissey et al., 2015). The compounds thiacloprid and acetamiprid were infrequently detected in surface water samples across all sites here and remained below the LOQ. Imidacloprid was not detected at any site. This agreed with a recent report on neonicotinoid contamination in UK surface waters (Shardlow, 2017), which summarised that thiacloprid and acetamiprid showed low contamination which is likely related to their low use as opposed to other neonicotinoids such as clothianidin and thiamethoxam. The qualitative data showed thiamethoxam was not detected across any sites and clothianidin was infrequently detected. This contrasts data reported for thiamethoxam in the river Waveney which showed concentrations reaching up to 1.03 µg L⁻¹ and an average concentration of ~60 ng L⁻¹. A possible reason for the disparity between the data reported here is that the previous report was

from a monitoring campaign in 2016. The samples collected in the present study were from July 2018, following the driest period record with no rain in the previous 55 days (Office, M, 2018) suggesting that input from surface run-off and leaching was likely to be minimal. Furthermore, thiamethoxam use (area treated of arable crops) peaked in 2012 and has been followed by a decrease up to 2016 (Shardlow, 2017). For the biota samples, acetamiprid was infrequently detected in the Waveney, but consistently detected in the catchments of Alde, Deben, Gipping and Stour. However, this compound was often below the LOQ and upon quantification showed concentrations ranging from 0.2 to 0.7 ng g⁻¹. Thiacloprid was frequently measured in the river Waveney and Deben with average concentrations of 3.3 ± 1.6 ng g⁻¹ and 1.6 ± 1.7 ng g⁻¹. With so little data available, meaningful comparisons of neonicotinoid concentrations with other pesticides in biota samples is difficult. Nonetheless, concentrations measured here were in the range to that of a previous investigation with thiacloprid ranging from LOQ – 21 ng g⁻¹. Out of 10 pesticides that no longer have approval in the EU (Commission, E, 2009), a total of seven were detected in biota samples here (ametryn, dimethametryn, fenuron, propazine, acetonifon and oxycarboxine), including three that were quantifiable (ametryn, dimethametryn, fenuron). The most widespread occurrence corresponded to fenuron (0.7–16.1 ng g⁻¹), oxycarboxine (qualitative) and ametryn (LOQ – 1.9 ng g⁻¹). The compound oxycarboxine was detected with 100% frequency (Table S5) and fenuron with 86% frequency in biota samples. Detection of banned pesticides has recently been reported with atrazine (banned since 2003) quantified in 63% of samples (Bernard et al., 2019). However, there is little occurrence data available for the banned pesticides detected here, but several banned pesticides including fenuron, atrazine and simazine have been found to occur in UK groundwaters (Forum, 2015). The detection of these compounds in the environment might be explained by persistence and subsequent release of these compounds in sediments and/or soil (Bernard et al., 2019).

3.3. Estimating the toxic or effect pressure of contaminants in the aquatic environment

It has been suggested that internalised concentrations of contaminants are more appropriate for the assessment of potential risk in the environment than effect thresholds based on external exposure (i.e. in the water) (Miller et al., 2018). From the data here, we estimated the internal toxic pressure (pesticides) or 'effect pressure' (pharmaceuticals/drugs of abuse) (Munz et al., 2018) using predicted bioconcentration data (Miller et al., 2019; Agency, U.S.E.P., 2019) and the available effect data (EC₅₀ or CEC) (Fick et al., 2010; Hertfordshire, 2019). This approach is analogous to risk quotients (RQ) estimated from predicted environmental concentrations and predicted no effect concentration (PEC/PNEC). The logTU_{int} for the pesticides determined ranged from approximately -7 to -2 (Fig. 5a), where previous studies have indicated that a logTU threshold based on water concentrations for pesticides of -3 and higher can elicit adverse effects (Beketov et al., 2009; Schäfer et al., 2007; Liess and Ohe, 2005). Only one compound (oxamyl) was above the threshold of logTU ≥ -3. This compound is still approved for use in the EU and may indicate the potential for risk at the concentrations measured in the biota samples. The EC₅₀ was based on *D. magna* acute toxicity studies which have been shown to be the most sensitive across all aquatic organisms that were tested. However, the risk based on available evidence was concluded to be low (Authority, E.F.S., 2005). The neonicotinoids acetamiprid and thiacloprid showed low logTU_{int} values of less than -4.6. In comparison, Munz et al. (Munz et al., 2018) estimated thiacloprid to have a higher logTU_{int} in *G. pulex* than reported here and exceeded the threshold for several of the measured samples. The disparity between the estimation of toxic pressure is that concentrations of thiacloprid determined here in *G. pulex*, were relatively lower. In addition, the EC₅₀ value used in this study was ~10-fold larger than in the previous study. For this

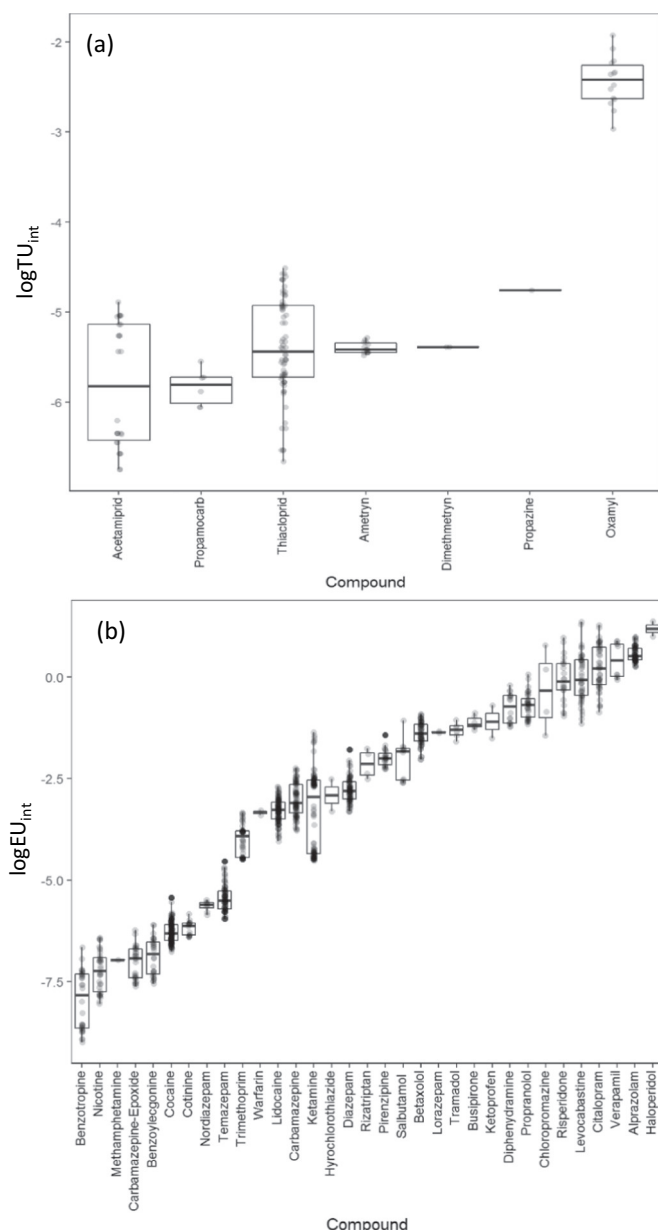


Fig. 5. (a) Toxic pressure analysis of measured pesticides quantified by internal toxic units (logTU) (b) effect pressure analysis of measured pharmaceuticals and illicit drugs quantified by internal effect units (logEU_{int}).

approach EC₅₀ data is often not well distributed and can vary depending on the end point, experimental conditions and species used. For these reasons, it may be more appropriate to include a range of the EC₅₀ data available or review the quality of the available literature data to give more reliable estimation of toxic pressure (Küster et al., 2009).

The logTU threshold value is not likely to be directly applicable to pharmaceuticals, which are likely to be less toxic than pesticides by nature of their design. Thus, for this work we use the term ‘effect units’ (EU_{int}) for pharmaceuticals, as thresholds that might be associated to toxicity are unknown. Instead, CEC data are used instead of EC₅₀, but in themselves are not a toxicity endpoint. Substantial further work would be needed to determine possible thresholds associated with TU for different contaminant classes and for internalised concentrations, as opposed to surface water concentrations. Larger effect pressures were mainly associated with pharmaceuticals such as haloperidol that showed the highest EU_{int} (Fig. 5b). The reason haloperidol has high EU_{int} values is due to the low CEC of 6.5 ng L⁻¹ based on human

therapeutic plasma concentrations of 1 ng mL⁻¹. Additional antipsychotic drugs including chlorpromazine (CEC = 36 ng L⁻¹) and risperidone (CEC = 129 ng L⁻¹) were also estimated to have a high toxic pressure. Other neuroactive pharmaceuticals including antidepressants and anxiolytics such as alprazolam, lorazepam, citalopram and busiprone also showed higher EU_{int} which may indicate that these types of contaminants have a greater risk in the environment which has been previously suggested from surface water risk assessments (Sanderson et al., 2004). This may be particularly apparent when focussing on sub-lethal endpoints such as altered behaviour phenotypes (Fong and Ford, 2014). Despite its widespread occurrence, cocaine showed a low potential for an effect based on its CEC and BCF. The benefits of using CECs for pharmaceuticals is that the availability of data for human therapeutic values is greater than ecotoxicological data. In particular, EC₅₀ data for ‘legacy’ pharmaceuticals is critically lacking. However, the use of CECs has some limitations in that a therapeutic effect does not necessarily correspond to an adverse effect and that the onset of pharmacological action may differ between humans and non-target organisms (Fick et al., 2010; Roos et al., 2012). Furthermore, molecular targets of pharmacological action are not always conserved between species and bioavailability may also differ between them (Cook et al., 2003; Roos et al., 2012).

4. Conclusion

Cocaine was the most widespread contaminant found in both surface water and biota samples, but no conclusions can be drawn about the potential for adverse effects of this compound without further work. Out of 67 compounds that could be quantitatively determined 56 were measured with the higher frequencies of detection for cocaine (100%), lidocaine (95%), alprazolam (88%), fenuron (86%) and ketamine (76%) in biota samples. In comparison for surface water samples, 50 compounds were measured including cocaine, carbamazepine, fenuron, ketamine and lidocaine, propranolol and tramadol that all had 100% detection frequency. The detection of several pesticides that no longer have approval in the EU warrants further investigation, as the sources for their input into the environment remain unclear. The total body burden of the contaminants determined in the biota samples ranged from 6.5 ng g⁻¹ to 163.5 ng g⁻¹ dw depending on the site. The total body burden is also an underestimate when accounting for the qualitative data, in addition to contaminants that were not targeted for in this study (including biotransformation products). Overall, whilst toxic pressure and effect pressure estimates were low in this study, the contribution of total body burden, the variability in effect data available (including lack of internal effect data) and thresholds for toxic/effect pressure are limitations to improving environmental risk assessment based on this approach. Nevertheless, the approach does support prioritisation of contaminants in the environment through the use of biomonitoring to reveal both the exposure, hazard and, ultimately, risk.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.envint.2019.04.038>.

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